



# WHAT TO DO IF YOU SUSPECT MOLD?



## IS MOLD GOING TO AFFECT MY FAMILY OR MY HEALTH?

Not necessarily. Just because mold or mildew is present doesn't mean it will make you sick. According to the CDC, less than 500 of the 100,000 mold species have been described as human pathogens. Individual factors such as general health, age and preexisting conditions contribute to how susceptible a person is to mold as an allergen. Only your medical provider can determine if an allergy to a specific mold exists the same way they would determine if you are allergic to dogs, oak pollen or grass. If you feel you may have an allergy, visit your medical provider.

Additionally, there are many environmental causes other than mold that can act as respiratory irritants, including:

- Pet dander
- Household dust
- Scented candles
- Tobacco smoke
- Local pollen
- Household cleaning products
- Air fresheners

Information from Centers for Disease Control:  
<http://www.cdc.gov/mold/>  
EPA <https://www.epa.gov/mold>

## RESOURCES

More information about mold is readily available at these reputable sites,

- Centers for Disease Control, Environmental Health:  
<http://www.cdc.gov/mold/>
- Environmental Protection Agency:  
<http://www.epa.gov/mold/>

## WHAT TO DO IF YOU SUSPECT MOLD?

Complying with this information will help prevent mold and mildew growth in your home. Immediately notify the Maintenance Department at 000-000-0000 if you discover a leak, suspect water intrusion of any kind or discover mold in your home. Remember, your community can only address problems in your home that we are aware of. If you have questions regarding this information, please contact a Community Representative at 000.000.0000. If you fail to comply with this information, you can be held responsible for property damage to the home.



[HuntMilitaryCommunities.com](http://HuntMilitaryCommunities.com)

Call today 000.000.0000  
for more information.



# WHAT IS MOLD?

Molds are naturally occurring microscopic organisms that break down organic matter in the environment. Mold is capable of sustaining itself anywhere there is moisture and a food source such as wood, wallpaper, upholstery, dust, etc. Mold spores (like plant pollen) are spread through the air and are commonly transported by shoes, clothing and pets.

Mold is found virtually everywhere in our environment; both indoors and outdoors and in both new and old structures. There are over 100,000 species of mold with less than 500 of those species classified by the Centers for Disease Control and Prevention as human pathogens.

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## EXCESS MOISTURE

Since mold thrives in moist environments, it is important to prevent excessive moisture buildup in your home. Failure to promptly report leaks or remove moisture buildup on home surfaces can encourage mold growth. Common sources of excess moisture include:

- Air conditioning set too low, creating condensation on windows
- Leaving windows open with the air conditioning on
- Rainwater leaking from roofs, windows, doors, outside walls or the foundation
- Overflows from showers, bathtubs, toilets, lavatories, sinks, washing machines, dehumidifiers or refrigerators
- Leaks from plumbing lines, fixtures or dryer discharge vents
- Not properly ventilating bathrooms, kitchens and laundry rooms
- Steam-cleaning carpets and not extracting most of the water
- Spills on soft surfaces that aren't cleaned immediately to include plant watering overflows, pet urine, cooking spills and beverage spills
- Wet towels or laundry left on floors or carpets
- Overflowing air conditioning drip pans or condensation lines

Immediately notify your maintenance team, if you discover a leak or suspect water intrusion of any kind in your home.

# PREVENTING MOLD BEGINS WITH YOU



## MINIMIZE THE POTENTIAL FOR MOLD GROWTH IN YOUR HOME BY:

### CLEANING YOUR HOME REGULARLY

- Regular vacuuming, mopping and cleaning is important to remove the household dirt and debris that creates an environment supportive of mold growth. Use household cleaners on hard surfaces and flooring when possible.
- Immediately dispose of moldy food.
- When you see mold/mildew accumulating on household surfaces, immediately remove it using a mixture of soap and water. The EPA also recommends cleaning products such as Lysol Disinfectant, Clorox Cleanup or Tilex Mildew Remover as options.

### REMOVING VISIBLE MOISTURE ACCUMULATION

- Remove moisture on windows, walls, ceilings, floors, registers and other indoor surfaces as soon as reasonably possible. Pay particular attention to bathrooms, the kitchen and the laundry room where moisture commonly accumulates.

### INSPECTING YOUR HOME

- Check your home for damage to the roof and siding, as well as clogged gutters or standing water against the home after heavy rain or strong winds for sources of water intrusion.
- Inspect washing machine hoses and discharge lines for signs of leaks or moisture accumulation.
- Inspect your utility closet regularly and ensure it is free of dust and debris.



### REPORTING FLOODING

- If you experience an appliance or plumbing overflow (shower, bathtub, toilet, lavatory, sink, washing machine, dehumidifier, dishwasher, hot water heater, air conditioner, refrigerator, etc.) take steps to stop the flooding and immediately notify the Maintenance Department. Even if you consider the overflow minor, notify the maintenance team so they can inspect the area to ensure moisture is not trapped in the flooring or walls.
- Completely dry out or dispose of any materials affected by the flooding to include rugs, furniture, toys, etc.

### REPORTING SIGNS OF WATER DAMAGE OR LEAKS IMMEDIATELY

- If you notice signs of water leaking from roofs, windows, doors, outside walls, plumbing lines, fixtures, dryer vents or the foundation of your home, immediately notify the Maintenance Department.
- Report overflowing air conditioning drip pans or condensation lines.
- Report signs of water leaking into walls from bad grouting or caulking around showers, tubs or sinks.

### MAINTAINING YOUR AIR CONDITIONING & HEATING SYSTEM

- Change the air filters in your home on a regular basis. The Maintenance Department provides air filter replacements free of charge. Contact 000-000-0000 for information on where to get filters for your home.
- Promptly notify the Maintenance Department about any air conditioning or heating problems you encounter.
- Heating and cooling temperature settings are dependent on your region and vary greatly. Therefore, to understand your temperature range, please contact your maintenance department.
- Leave ceiling fans on low to keep air circulating throughout the home. This will control the amount of humidity inside the home and can prevent water intrusion in the form of burst pipes.

### FOLLOWING THESE ADDITIONAL TIPS

- Always turn on exhaust fans in the bathroom and kitchen before you start showering or cooking and keep the fan running for several minutes after you finish.
- Regularly run the ceiling fans in your home to keep air circulating.
- When showering, keep the shower curtain inside the tub or fully close the shower door.
- After showering, wipe moisture off of shower walls, shower doors, bathtubs and bathroom floors. Leave the bathroom door open until all moisture on the mirrors and bathroom walls has dissipated. Hang towels and bath mats so they will completely dry.
- When using a sprinkler to water your lawn, ensure the stream is not hitting your home.